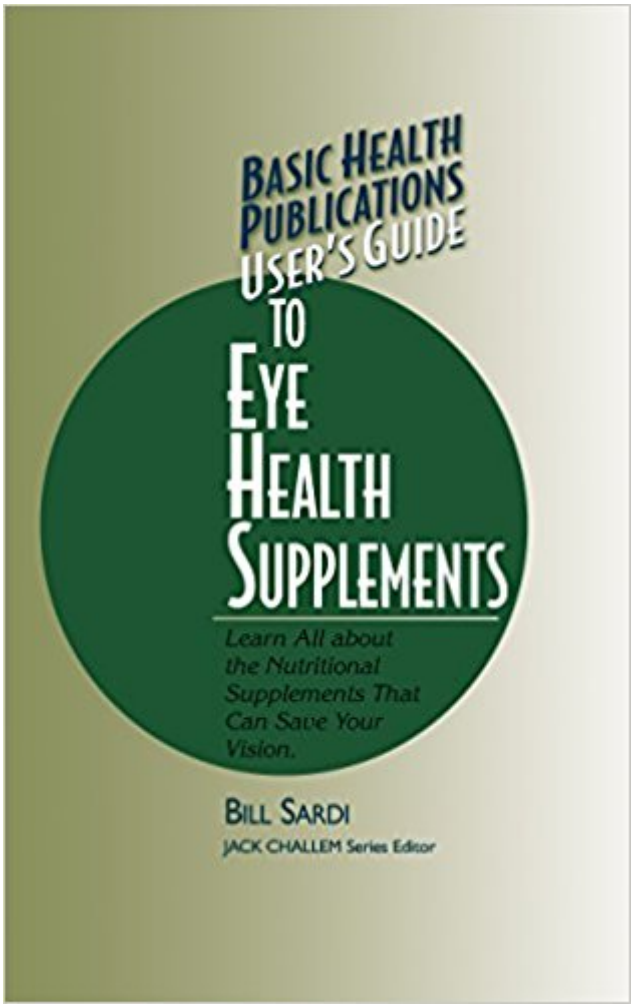
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User's Guide To Eye Health Supplements: Learn All About The Nutritional Supplements That Can Save Your Vision (Basic Health Publications User's Guide)




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Synopsis

Cataracts and age-related muscular degeneration are the most common vision-threatening eye diseases. Both interfere with vision and many lead to blindness. Yet many natural supplements such as lutein and zeaxanthin, play normal roles in protecting the eyes. This User's Guide to Eye Health Supplements explains how these and other nutrients can reduce your risk of eye disease.

Book Information

Paperback: 98 pages

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Language: English

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Average Customer Review: 4.6 out of 5 stars 3 customer reviews

Best Sellers Rank: #391,263 in Books (See Top 100 in Books) #73 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Eye Problems #831 inÃ Â Books > Computers & Technology > Programming > Introductory & Beginning #6685 inÃ Â Books > Health, Fitness & Dieting > Alternative Medicine

Customer Reviews

Bill Sardi broadcasts from his expansive medical library andÃ Â officeÃ Â in Southern California.Ã Â Ã Â His radio show is unique and unparalleled.Ã Â Whether you are concerned about autism or AlzheimerÃ¢â ¬â„¢s, bunions or blood thinners, cataracts or cholesterol, dementia or dermatitis, Bill Sardi has answers for you.

This book has so much information on each part of the eye and what nutrients are necessary for each. Great information to help anyone with an eye disease to get the proper nutrients and supplements to slow progression.

I liked it. I was able to upgrade my supplementation (vitamins, minerals, etc.) to include nutrients for the eyes, something I hadn't thought about previously.

Reinforced what I already knew. Seems based in good research. Worth the money. Yatta, yatta.

Yatta. Four more words re

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